

NOVEMBER



2023 Franklin Parks & Recreation Fitness Class Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9AM Silver Steppers 6PM Strength	2 6PM Water Aerobics <i>(Franklin Community Middle School Pool)</i>	3 9AM Silver Steppers	4
5 4PM Water Aerobics <i>(Franklin Community Middle School Pool)</i>	6 9AM Silver Steppers 6PM Strength	7 6PM Water Aerobics <i>(Franklin Community Middle School Pool)</i>	8 9AM Silver Steppers 6PM Strength	9 6PM Water Aerobics <i>(Franklin Community Middle School Pool)</i>	10 9AM Silver Steppers	11
12 4PM Water Aerobics <i>(Franklin Community Middle School Pool)</i>	13 9AM Silver Steppers 6PM Strength	14 6PM Water Aerobics <i>(Franklin Community Middle School Pool)</i>	15 9AM Silver Steppers 6PM Strength	16 6PM Water Aerobics <i>(Franklin Community Middle School Pool)</i>	17 9AM Silver Steppers	18
19 4PM Water Aerobics <i>(Franklin Community Middle School Pool)</i>	20 9AM Silver Steppers 6PM Strength	21 6PM Water Aerobics <i>(Franklin Community Middle School Pool)</i>	22 9AM Silver Steppers 6PM Strength	23 Recreation Center CLOSED for Thanksgiving	24 Recreation Center CLOSED	25
26 4PM Water Aerobics <i>(Franklin Community Middle School Pool)</i>	27 9AM Silver Steppers 6PM Strength	28 6PM Water Aerobics <i>(Franklin Community Middle School Pool)</i>	29 9AM Silver Steppers 6PM Strength	30 6PM Water Aerobics <i>(Franklin Community Middle School Pool)</i>		

SIGN UP FOR A SESSION OR PAY \$10 FOR A DROP-IN!

**Classes must meet class minimum *Classes subject to change *No Drop-Ins for Water Aerobics*