Franklin Active Adult Center

Engage Whatever Your Age
Helping Seniors Engage, Empower and Enrich their Lives!

Matinee Musicale
2019 Christmas Concert
Friday, December 6 at 10:30 a.m.

AAC Christmas Program 11:00
and Pitch In 12:00
Wednesday, December 18
Entertainment & Sing Along
~Special Guest~

Franklin Community Band
Holiday Concert
December 5, 2019
7:00 p.m.
For AAC Members & Guests
MANAGER’S MINUTE
“Have a holly jolly Christmas!”

In so many wonderful ways it really IS “the best time of the year!” We have a festive December planned for AAC seniors. Plan on joining us for an evening holiday band concert, a Friday morning musicale performance and our annual Christmas gathering at the monthly pitch in. Chef Rona and helpers will serve up ham to one and all. Thank you for bringing a special holiday dish to share and helping us welcome a special surprise guest! Hint: He may have a little something for everybody!

Please remember to be extra careful in the parking lot as you arrive and depart from AAC winter activities. Holiday events sometimes draw a larger than usual crowd so plan accordingly when parking.

As we prepare to close out 2019 the AAC staff extends our thanks to you for your help, support and friendship this year and we look forward to sharing another wonderful year with you in 2020!

C. S. Lewis remarked that we are “never too old to set a new goal or dream a new dream.” Here’s to new goals and dreams for the coming year...

~Merry Christmas~

CONTACTS
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Cindy Rogers,
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Subs/Divers:
Debbie Lock, Susi
Hoskins, Laura Stevenson

CENTER INFO
160 East Adams | Franklin, IN 46131
317-736-3696
Website: www.franklin.in.gov

Franklin Parks & Recreation
OPEN
Monday through Friday
9:00 am – 3:00 pm
Yearly Membership: $15.00; Ages 55+

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You can view The Chatter online at ourseniorcenter.com OR franklin.in.gov, receive it by email or pick it up at the AAC.
If you prefer to have yours mailed please make arrangements in the office to pay $10 to cover postage.

Johnson County Senior Services (JCCS) provides transportation daily to the AAC and throughout the community for errands, medical appointments, shopping and more. Call 317-738-4544 to schedule a ride. JCCS also offers a food pantry, medical equipment and assists with other needs.

317-736-3696
**APPRECIATION**

**BINGO SPONSORS**
- Franklin Meadows
- Otterbein Senior Life
- Humana
- Homeview
- Indiana Hearing Aid Company
- Ruth Hoffman
- The Hearth at Stone’s Crossing
- Select Home Health Services, Inc.
- Angels of Mercy
- Main Street Hospice

**BIRTHDAY PARTY SPONSORS**
- Franklin Meadows
- Hickory Creek
- Century 21/Sheetz Realty
- Home Instead
- The Hearth at Stone’s Crossing
- Griswold Home Care
- Compass Park

**BLOOD PRESSURE CHECKS**
- Legacy Healthcare

**FIRST WEDNESDAY LUNCH & LEARN SPONSOR**
- Morning Pointe

**WELLNESS AWARD SPONSOR**
- Frechette Eye Center

**SPECIAL THANKS**

- Mayor Barnett, Tara Payne, and the Mayor’s Youth Council (carpeting and flooring)
- Franklin Parks & Rec staff for painting the office and Rona for the new blinds and curtains!
- Veterans Recognition Day Sponsors: American Health Network, Morning Pointe Franklin, Compass Park, McKay Manor and Franklin Parks and Recreation
- Johnson County Council on Aging/CICOA
- Jean Heminger
- Jordan Curtis
- Beth Edwards
- Kimberly Smith
- Clifton Dennis
- Gateway Transition students & instructors
- Great Harvest Food Pantry, Whiteland
- Kroger Marketplace, Franklin
- Johnson County Senior Services
- Morning Pointe Franklin
- McKay Manor

Check out the Travel Information on Page 8 to learn more about our upcoming day trips.
ANNOUNCEMENTS

WELCOME NEW MEMBERS
Roger Miller
Ronnie Quiggins
Charles Hoffman
Suyong Brown

Monthly Winners
Brain Booster: Wilma Fleener
Coloring: Mary Conrad
Wellness: Bessie Miller

Weather Closings
The Active Adult Center will be closed any time Franklin schools close due to bad weather. We will try to post closings on Channel 8 news. Remember, you can always check the latest info on Franklin schools online or on most local television channels.

Winter Clothing & Gear
Please make sure to check coats, boots, umbrellas and other weather gear to make sure they belong to you before you take them out of the building. Since many of these items look alike, consider marking your items for easy identification.

Holiday Closings
The Active Adult Center will be closed on December 24, 25 and 31, 2019 and January 1, 2020 for the holidays.

Johnson County Senior Services will be closed on December 24, 25, 26, 31 and January 1. (No transportation for those who ride with JCSS.)

Line Dancing
Line Dancing is cancelled until further notice due to instructor Harold Parker’s upcoming surgery and recovery. Best wishes for good health and a speedy recovery go to Harold and Phyllis.

Thank you for “giving back” with generous cookie donations for this year’s Johnson County Thanksgiving Banquet!

Chair Volleyball Update:
The AAC Shakers won back the chair volleyball traveling trophy from Morning Pointe during the monthly match on November 12. Way to go Shakers!
Due to the special Christmas concert on December 6 there will be no December volleyball practice.

There will be no “giving tree” at the AAC this year; however, if you would like to help with supplies please consider donating canned vegetables, fruit or Chunky soup to help round out lunch. Simply leave your cans under the Christmas tree. Our “elves” will store them away for lunch prep. Thank you!
December “Holiday Happenings” at the AAC

Christmas Lunch & Learn (Sponsored by Morning Pointe)
Wednesday, December 4; 11:00. Lunch at noon.

Franklin Community Band Holiday Concert
Thursday, December 5; 7:00 p.m.
AAC members and their guests are invited

Matinee Musicale Christmas Show
Friday, December 6; 10:30 a.m.
Special holiday performance at the AAC

Christmas Movie
Friday, December 6; 1:00 p.m.
Smoky Mountain Christmas

Holiday Lunch & Learn (Sponsored by McKay Manor)
Wednesday, December 11, 11:00
Meet Chef Coop from McKay Manor and see how he makes his signature cobbler. Stay for lunch at noon.

December Christmas Program/Pitch In Lunch
Wednesday, December 18; 11:00 a.m.
Morning Pointe Choir.
“Joyful Noise” Holiday Sing-with Gail & Bev ~visit from a special guest~
12:00 Pitch In (ham). Please bring a dish to share!
1:30* “Christmas” Bingo (free) (*later time)

Christmas Movie
Friday, December 20; 1:00 p.m.
A Christmas Story

Craft Corner: Friday, December 13; 11:00 a.m.
Join Kelly Staten from the Johnson County Public Library in special holiday crafting. You must sign up by Friday, December 6 if you want to participate. The library purchases materials only for those signed up in advance. Further information about the craft will be posted closer to craft day.

NOW SHOWING AT THE AAC

POPCORN & A MOVIE: 1:00

December 6
Smoky Mountain Christmas
Directed by Henry Winkler. With Dolly Parton, Lee Majors, Bo Hopkins, Dan Hedaya. See a country and western singer on a holiday trip through the Tennessee mountains.

December 20
A Christmas Story
In the 1940s, a young boy named Ralphie attempts to convince his parents, his teacher and Santa that a Red Ryder BB gun really is the perfect Christmas gift.

Holiday Prize Drawing
Winners announced on December 18
Some beautiful handmade crafts were donated by AAC members for a special holiday prize drawing. Tickets are available for your donation of $5 for 6 or $1 each. These beauties will be on display until December 18 when the winners will be drawn during the December pitch in. You do not have to be present to win, although we hope you are because that means you have come to the holiday pitch in! Thank you in advance to the crafters and others who supported the drawing. All proceeds will go towards a special holiday project that will also be revealed on December 18!
Bingo: Bingo kicks off at 1:00 on Monday and Wednesday afternoons. Pay 50-cents per card and play for regular, special and cover-all wins. Our bingo cost is low thanks to our generous bingo sponsors! Play is limited to members only.

Board Games: Choose your favorite from our game shelf & gather friends to play.

Cards: Three scheduled group card games are offered each week: Bid Euchre on Tuesday, Euchre on Thursday and Pinochle on Fridays. Games begin at 1:00; sign up by 12:45 each day you play.

Mexican Train Dominoes: Play Mexican Train Dominoes on Fridays at 11:00. Easy to learn, easy to play. New players always welcome!

Puzzles: A jigsaw puzzle is always in progress. Why not add a piece or two?

Other: Pool, darts, ping pong, corn hole, and the Wii are always available. Ask for equipment if needed.

Blood Pressure Checks: The last Wednesday of each month at 11:00 in the East Activity Room.

Exercise Circle: Chair based group exercise program on Monday, Wednesday, and Friday mornings at 10:00. Low impact routine with weighted balls, hand weights and resistance bands for strength training.

Exercise Equipment: Exercise bikes and treadmills are always open unless the area is in use for a scheduled group activity.

Silver Sneakers: If your health plan or supplement includes Silver Sneakers in your benefits be sure to check out what Parks & Rec can offer you at no cost. Visit silver-sneakers.com or call 1-888-423-4632 for further details.


Wellness Walking: Walk from 3-4 on Monday through Thursday afternoon at the indoor walking/running track at the Recreation Center at 396 Branigin Boulevard. Free with AAC membership. AAC membership card required.

Sign and date a ticket and deposit into the “Wellness Can” following all group exercise (including Chair Volleyball and Volleyball Practice) for a chance to win the Wellness Prize in the monthly drawing sponsored by Frechette Eye Center.

Chair Volleyball: Monthly chair volleyball games are held at Morning Pointe of Franklin. Lots of fun and anyone can play! Check newsletter for game and practice dates.

Chair Yoga: Led by certified yoga instructor and therapist Dee Woods on Tuesday and Thursday at 10:45. Pay $2.00 per class. Experience the many benefits of yoga in a chair based setting.

Craft Corner: Usually meets the last Friday of the month from 11-12. Free or minimal supply fee. (Usually $2.00). Check the calendar and/or bulletin board for updates. (Change coming in January)

Coloring sheets and colored pencils are available in the dining room. Turn in coloring sheets for a chance to win a coloring book in a random monthly drawing.

Greeting Cards 101: Meets in the dining room at 11:00 on the first Tuesday of the month. Free, supplies provided. You are welcome to bring any supplies you would like to share.
Devotions: Join Karyl Entner on Wednesday mornings at 9:15 for bible stories, scripture, studies, hymns and more. No sign up.

Bible Study: Bible study with Joe Petro meets on Tuesday mornings at 9:15. Variety of topics. All are welcome! Small group, no sign up, come any week.

Empire Beauty Day: Free hair cuts, manicures and pedicures from Empire Beauty School students on the fourth Tuesday of every month. Sign up in the office. The services are free, but students do accept tips. 11:30-2.

Lunch & Learn: Enjoy the speaker and delicious lunch provided by Morning Pointe of Franklin on the first Wednesday of every month at 11:00.

Joyful Noise Singers: Do you like to sing? Joyful Noise meets every Monday morning at 10:45. Sing along to oldies, classics, hymns and more. Everyone is welcome! Led by AAC members Sally Jennings, Gail O’Connor and Bev Bonsett. Piano accompaniment one month, guitar and dulcimer the next.

Popcorn & a Movie
Join us for free popcorn and a classic, fun, or inspiring movie at 1:00 on the first and third Fridays of the month.

Join Purdue Extension educator Danielle Dennis for Friday cooking demos, crafts, health and wellness & more. A new and fun topic every time! Check the calendar for the next scheduled class. (New schedule beginning in 2020)

Speaker/Pitch-In: Mark your calendars for the third Wednesday of every month for a speaker, special presentation or entertainment at 11:00, followed at noon by a pitch in lunch with main dish provided. Bring a dish to share or pay $4.00 (suggested donation) for your meal at the lunch table. We appreciate your bringing a dish so there is plenty of food to enjoy. Good food, fun, information and fellowship. No sign up. All members are welcome.

Day trips are offered monthly. Find trip details in “AAC On the Go,” on page 8.

Birthday Party: Party with us on the last Wednesday of the month as we celebrate monthly birthdays! Enjoy live music from Chuck & Friends at 11:00 followed by cupcakes and ice cream at noon! Lunch is not served on birthday Wednesdays due to time constraints.

Lending Library: Borrow books as often as you like on the honor system. Check out DVDs in the office. Please return all materials to the office.

Line Dancing is cancelled until further notice while we search for an instructor.

Computers are available for checking email, surfing the web, playing games and more.
December: WAIT LIST only

Thursday, December 5: Catered Cabaret Theater (Greenwood). Our first trip to the new cabaret, featuring Holidazzle. “Non-stop musical fun for all audiences.” Tickets are $48.00 and include a sandwich, salad and dessert bar, tea, coffee, or water, matinee show and transportation. Departure time is 12:00; check in at 11:45. Tickets must be paid for at sign up.

Day Trips resume in February, 2020

A BIG THANK YOU goes to our terrific AAC drivers:

Kim, Cora, Debbie, Susi, Laura and Rona
You’re the best!

Travel Notes

- Trip sign up times are posted above; no sign up is accepted prior to the stated time, and sign up is on a first-come, first served basis. Those in line on the morning the trip opens receive priority over those phoning in. Signing up in person is preferred. Phone calls will be accepted, but not until all those in line have been helped. Members are not permitted to sign up other members: each member must sign up only him/herself. When trip capacity has been reached other interested members will be added to a Wait List and contacted as vacancies occur.
- Trips may be paid for by check (made payable to Franklin Parks & Rec), in cash, or by credit/debit card.
- Please have the correct change to pay for transportation fees (usually $6) on trip days if at all possible.
- Note: All trips requiring advanced payment are non-refundable. If you cancel after payment we will make every effort to sell your ticket to another member, but we can’t guarantee a sale.
- Please arrive at least 15 minutes prior to stated departure time for all trips for check in.
- Since reservations are made for the group driving separately is usually not possible. Please see Cathy with questions.
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<td>10:45 Chair Yoga</td>
</tr>
<tr>
<td>3 Wellness Walking</td>
<td>3 Wellness Walking</td>
<td>11:00 Lunch &amp; Learn sponsored by Morning Point</td>
<td>1 Bingo</td>
<td>11:00 Lunch &amp; Learn</td>
</tr>
</tbody>
</table>

*Note the later bingo start time.

Calendar events are subject to change. You are welcome to call to confirm events in advance. Please ask if you have any questions. 317-736-3696.
**BIRTHDAYS**

<table>
<thead>
<tr>
<th>December 1</th>
<th>December 10</th>
<th>December 20</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carole Eastvold</td>
<td>Sharon Sandmeyer</td>
<td>Tanya Bailey</td>
</tr>
<tr>
<td>December 3</td>
<td>December 11</td>
<td>Alice Curry</td>
</tr>
<tr>
<td>Leone Elston</td>
<td>Patricia Fowler</td>
<td>Bill Wells</td>
</tr>
<tr>
<td>December 5</td>
<td>December 16</td>
<td>Carl Dearth</td>
</tr>
<tr>
<td>Carol Kubinski</td>
<td>Jeanette Kilpatrick</td>
<td>Golda Drane</td>
</tr>
<tr>
<td>December 7</td>
<td>December 19</td>
<td>Karen Miles</td>
</tr>
<tr>
<td>Bonnie Lovins</td>
<td>Shirley Chipman</td>
<td>Patricia Phillips</td>
</tr>
<tr>
<td>December 9</td>
<td>December 24</td>
<td>Patricia Phillips</td>
</tr>
<tr>
<td>John Phillips</td>
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</tr>
</tbody>
</table>

**Hot Cider**  
*Shirley Woodrum*

2 bottles of apple juice  
1 bottle of cranberry juice  
1/2 cup brown sugar  
1/2 tablespoon whole cloves  
4 cinnamon sticks  
Heat in crockpot or simmer in large pan on the stove.

---

**Peppermint Bark**  
*Rona Martin*

1 box of 12 candy canes, crushed (you can use a food processor)  
1 pkg. white bark or 12-oz. pkg. white chocolate chips  

Line a cookie sheet with waxed paper. Melt chocolate in microwave or double boiler. Stir crushed candy canes into the melted chocolate and mix well. Spread on lined cookie sheet. Put in freezer for about 15 minutes to harden. Break into pieces and store in air-tight container.
THE RESULTS ARE IN!
1st. Place: Maria Poeck (not pictured)
2nd. Place: Penny Wells
3rd. Place: Ed Norris
Most Lones: June Hobson, Ed Norris (tie)
“Super Sub”: Dan Diersing

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