WATER AEROBICS 2.0

Ages: 18 & up

This class will be in water 3-5 feet deep and will go in the deep end for treading at times, as well. Easy entry steps are available for the 3-5 feet area, but ability to use a pool ladder is needed on the deep end activities.

SESSION A
COST: $40
DAY: SUNDAY
DATE: 3/10–5/19
TIME: 4:00–5:00PM
LOCATION: FCMS
Franklin Community Middle School

SESSION B
COST: $40
DAY: SUNDAY
DATE: 6/2–7/28
TIME: 4:00–5:00PM
LOCATION: FCMS
Franklin Community Middle School

SESSION C
COST: $40
DAY: SUNDAY
DATE: 8/11–10/6
TIME: 4:00–5:00PM
LOCATION: FCMS
Franklin Community Middle School

Sign up at the Recreation Center front office (396 Branigin Blvd) or online at register.franklinparks.org.