

WATER

Ages: 18 & up

Parks
Make
Life
Better!

AEROBICS

2.0

We are going to
RAMP UP
the pace in our new
**HIGHER
INTENSITY**
Water Aerobics class!

*This class will be in water 3-5 feet deep and will go in the deep end for treading at times, as well. Easy entry steps are available for the 3-5 feet area, but ability to use a pool ladder is needed on the deep end activities.

SESSION A

COST: \$40

DAY: SUNDAY

DATE: 8/12-9/30

TIME: 4:00-5:00PM

LOCATION: FCMS

Franklin Community Middle School

SESSION B

COST: \$40

DAY: SUNDAY

DATE: 10/14-12/9

No class 11/25

TIME: 4:00-5:00PM

LOCATION: FCMS

Franklin Community Middle School

SESSION C

COST: \$40

DAY: SUNDAY

DATE: 1/6-2/24

TIME: 4:00-5:00PM

LOCATION: FCMS

Franklin Community Middle School

Sign up at the Recreation Center front office (396 Branigin Blvd) or online at register.franklinparks.org.

Franklin Parks & Recreation

396 Branigin Blvd | Franklin | Indiana

(317) 736-3689 | play@franklin.in.gov

www.franklinparks.org