

RECREATION & FITNESS CENTER

The Cultural Arts & Recreation Center at 396 Branigin Boulevard offers 30,000 square feet of space for programs and activities offered by our department. The Mountain Dew Climbing Wall will challenge young and old alike. Our Fitness Center is available for those who want a challenging workout and is ideal for anyone wanting to tone up and gain strength. The walking/running track is also available for improving your cardiovascular fitness. The Recreation Center offers space for dance/theater, creative arts, preschool programs, exercise, and conditioning. Locker rooms with shower facilities are available. Facility membership cards or a daily fee are required for the use of the Recreation Center.

FITNESS CENTER

We have a variety of cardiovascular equipment including a Stair Climber, punching bag, Pro-Power weight lifting equipment, treadmills, and free weights in our Fitness Center. You must be at least 14 years of age to qualify for a fitness center membership. Individuals under 18 must have a consent form signed by a parent/guardian. Membership is valid for one year from date of purchase. A valid facility membership is required to purchase a fitness center membership. Fitness Center orientations are available.

STROLLER TIME

Stroller Time is during the day for parents to exercise with their children as an alternative to having them stay with a sitter or in child care. Parents are able to use the track while their child stays in a stroller at all times. Please watch for other walkers and joggers when on the track. We have opened the indoor walking/jogging track for you from 10am - 2pm Monday through Saturday at the Cultural Arts & Recreation Center. A Facility Membership is required to use the track. **For child care information, go to page 3.**

Meet Rocky



Rocky Stultz, Assistant Superintendent

Rocky Stultz has worked for the Franklin Parks and Recreation Department since 2008. His role as Assistant Superintendent is to assist and oversee the day-to-day operations of the central office, as well as overseeing all park facilities.

Rocky is a 1992 graduate of Hanover College where he attained a Bachelor of Arts Degree in Sociology. He is also a graduate of the Indiana University Executive Development Program and a graduate of Leadership Johnson County.

MT. DEW CLIMBING WALL

35-Foot, Indoor Climbing Wall

CLIMBING FEES: 2 hours - \$5/member \$15/non-member

Contact Rocky Stultz to schedule climb time.

Climbing Wall Rental Prices: \$10/hr + \$5 per person.



The Cultural Arts & Recreation Center is a Safe Place site.

OPEN RACQUETBALL TIMES

Two racquetball courts are located at the Cultural Arts & Recreation Center and are **FREE** to members. The racquetball court reservations may be made 24 hours in advance by calling (317) 736-3689.

OPEN GYM VOLLEYBALL

The Recreation Center gymnasium is available for Open Gym Volleyball on Thursday evenings. Open Gym Volleyball times are 7:30-9:00pm. Participants must have a valid CARC membership to participate. (A minimum of 6 participants is required)

PRESCHOOL OPEN GYM

We have reserved the gymnasium for Preschool Open Gym on Monday, Wednesday, Thursday and Friday from 9:00 – 11:00am. Bring your preschooler and enjoy basketball or your favorite game in the gymnasium.

HOLIDAY CLOSINGS

The Cultural Arts & Recreation Center will be closed on the following days in accordance with the City of Franklin holiday schedule and Park Board regulations:

EASTER SUNDAY	April 1
MEMORIAL DAY	May 28
INDEPENDENCE DAY	July 4

SIMPLE RULES OF THE HOUSE

1. All patrons must check in at the front desk. Members must scan their membership cards. Guests must pay the daily guest fee(s).
2. Be respectful to our facility, staff and fellow patrons.
3. Profanity and fighting are not allowed.
**You will be asked to leave or may be suspended.
4. The second level is for wellness walking and running. Children under 14 are not allowed.
5. Bottled beverages are permitted in the fitness room and gymnasium. All food must remain in the cafe area.
6. This is a SMOKE-FREE FACILITY. Tobacco products are not allowed in the facility or on park property.
7. All members and guests are required to wear shirts while in the CARC facility and fitness room.
8. Franklin Parks & Recreation is NOT responsible for unattended personal property.

HOURS

Mon-Thurs	5:30am-11:00pm*
Friday	5:30am-7:00pm
Saturday	8:00am-5:00pm
Sunday	12:00pm-5:00pm

***April-November closing time is 8pm**

ANNUAL FACILITY MEMBERSHIP FEES

Individual Membership	\$30/yr
Family Membership (up to 4)	\$75/yr
Family Additional	\$25
Daily Guest Fee	\$3/day
Replacement Card	\$5

FITNESS CENTER MEMBERSHIP FEES

A valid facility membership is required to purchase a fitness center membership.

Individual Membership	\$75/yr
Daily Guest Fee	\$5/day

Children under the age of 10 must be supervised while in the facility. If they are dropped off and are not at least 10 years old, a parent/guardian will be called to pick them up.